



## FBISD SHAC 2024-2025 April 9th, 2025 Meeting Agenda

**Theme: Action Based Learning** 

#YouAreNotAlone

(Time: 12:00 - 12:05pm)

I. Welcome - Catalina Flores - Rau, SHAC Chair

A. Mindful Moment, Wellness Coalition

5 min

II. Presentations (Time: 12:05-12:50pm)

A. Action Based Learning Labs in the District and Supports

20 min

- Shannon Nash, Wellness & Prevention Specialist

B. Integrating Physical Activity Into The Classroom With MAGIC (Movement for academic growth in classrooms)

20 min

- Drs. Derek Craig & Timothy Walker, UTHealth Houston School of Public Health

C. Q&A 5 min

(Time: 12:50 – 1:15pm)

III. Administration

A. Vote on Minutes from the February SHAC Meeting-Derek Craig, SHAC Secretary

5 min

B. SHAC Goals Review - Catalina Flores-Rau, SHAC Chair

10 min

C. Membership Roster Update, Jigisha Doshi, SHAC Membership Chair

10 min

D. Upcoming Events- Shannon Nash, Wellness, Health & Prevention Specialist

(Time: 1:15-1:30 pm)

IV. Meeting in Closed Session

Subcommittees Convene – Discuss Action Based Learning

V. Meeting Closure- Catalina Flores-Rau, SHAC Chair



SHAC WANTS TO KNOW WHAT YOU THINK ABOUT...

